

Please advise your server if you have any food allergies



BREAKFAST 7am-4pm

Scones - Cheese	\$5
Date	\$5
(When they're gone, they're gone)	
Croissants - Plain or with Jam	\$5.50
Almond	\$6.50
Bacon & cheese	\$11
Betty's Bacon Butty - Bacon, organic egg & relish	\$11
The Fix - House made banana bread with fix & fogg chocolate, almond and cashew butter	\$12
Winter Warmer - Vegan porridge with almond milk, maple roasted apple, blueberry chips, cinnamon and toasted almonds	\$14
Carbon Fibre - Buckwheat granola with seasonal fruit, coconut yoghurt	\$15
The Monk - Organic eggs benedict with bacon & roasted tomato on ciabatta	\$21
The Buddha - Organic eggs benedict with spinach, mushrooms & roasted tomato on ciabatta	\$22
Comfort Kedgeree - Smoked trevally, mild Indian spiced rice, organic poached egg & coriander	\$20
Hawea Flat - Spinach, mushrooms, roasted tomato & halloumi on polenta cake	\$20
Vegan Toastie - Spinach, mushrooms, roasted tomato & vegan cheese with savoury granola	\$20
Social Climber - Organic eggs fried, scrambled or poached on ciabatta, multigrain or GF (\$1)	\$11
Extras - Bacon \$6, Salmon \$6, Organic Eggs (x2) \$7, Haloumi \$5, Avocado \$5, Roasted Tomato \$4, Mushrooms \$4, Spinach \$4, Hollandaise \$1	

LUNCH 11.30am-4pm

Smokey Seafood Chowder - prawns, mussels, smoked trevally and monkfish served with herb crème fraiche and toasted ciabatta	\$20
Lone Ranger - Free range chicken in Turkish bread with aioli, caramelised onion & brie	\$19
Roti Roll	\$18
- Braised pork shoulder roti with hoisin, coriander, qp mayo & pickled chilli	
or - Jackfruit & mushroom roti with hoisin, cucumber & pickled chilli	
Wonder Burg - Beef burger with gruyère, gherkins, chipotle mayo, salad & French fries	\$23
Wisdom Salad - Maple roasted apple, celery and walnut with quinoa, kale and cider vinaigrette	\$16
- Add halloumi \$5	
Crispy chicken salad - with smoked chipotle mayonnaise dressing, avocado, cherry tomatoes and coriander	\$22
From the Cabinet - Chocolate brownie, vegan nut slice, ginger crunch, fruit crumble slice	

KIDS BREAKFAST

Egg any style on toast	\$5
Bacon on toast	\$5
Peanut butter & banana toast	\$5
Seasonal fruit plate	\$12

KIDS LUNCH (Available from 11.30am)

10" Margherita pizza	\$12
Spaghetti with tomato sauce, spinach & parmesan	\$12
Beef burger with salad & fries	\$15